DONATE TO FRESH!

MOST NEEDED ITEMS INCLUDE:

FOOD
- Bagged Rice or Ready-to-Eat Rice
- Canned Fruit (in Water or Juice)
- Whole Grain Cereal
- Canned or Boxed Soup (Low Sodium)
- Whole Grain Pasta
- Pasta Sauce
- Canned Meats & Fish (in Water)
- Healthy Snacks (such as Low Sugar Granola Bars, Raw Nuts, Dried Fruit)
- Canned Beans and Vegetables
- Peanut or Nut Butters

TOILETRIES (TRAVEL OR REGULAR SIZE):
- Shampoo/Conditioner
- Deodorant
- Menstrual Products
- Toothpaste & Toothbrushes
- Toilet Paper
- Body or Hand Soap
- Detergent

BEDROOM
- Twin XL Bed Sheets/Comforters
- Towels
- Housing Amazon Wish List: bit.ly/Dorm Needs

CHECK OUT OUR FRESH AMAZON WISH LIST FOR SPECIFIC NEEDS AT:
bit.ly/GiveFRESH

THANK YOU!

4079 MESA RD.
IRVINE, CA 92617
M-F 10AM-5PM

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